

The following are sample questions that may be on the written portion of your Black Belt Exam. The test will consist of twenty (20) questions. The test will be multiple choice and open book.

1. Who can wear the black “V” neck uniforms?

Black belts

2. How do you say “Master Instructor” in Korean?

Sa-ba-nim

3. What does “*Doe-jahng*” mean?

Training hall

4. What do the initials “T.R.U” stand for?

Trust respect and understanding

5. What does “*Ahp Cha-gi*” mean?

Snap kick

6. What is “*Kukkiwon*”?

TKD Headquarters

7. What part of the foot is used in a Thrust Kick?

Ball

8. At what rank are you considered a Master?

4th Degree

9. What does “*Yop Cha-gie*” mean?

Side Kick

10. How do you say “Return” in Korean?

Par-oh

11. How do you say “Five” in Korean?

Dasut

12. What does “Indomitable Spirit” mean?

A never give up attitude

13. How do you say “Start” in Korean?

Si jack

14. What are the colors of the Korean Flag?

Red, blue, and black

15. What are the colors of the American Flag?

Red, white, and blue

16. Where should a “Middle Section” punch aim?

Solar plexus

17. What knuckles should be used in a punch?

The first 2

18. How do you score a point in sparring?

Solid kick to the hogu or head

19. How many movements are in *Taeguek Ee Jahng*?

18

20. Where does Taekwondo come from?

Korea

21. What part of the foot is used for a Side Kick?

The Blade/heel

22. How do you say “Flag” in Korean?

Gooki

23. How do you say “Uniform” in Korean?

Do-boke

24. What are the three types of focus?

Eye, body, and mind

25. What does “*Cha-gi*” mean in Korean?

Kick

26. What does “*Ul-gool mahk-gi*” mean?

High block

27. What is the target area for a High Punch?

Philtrum

28. Why do we bow?

To show respect

29. How do you count to five in Korean?

Hanna, dool, set, net, dasut

30. Why do we yell?

To show confidence